

Deepastambha Charitable Trust, Pune.

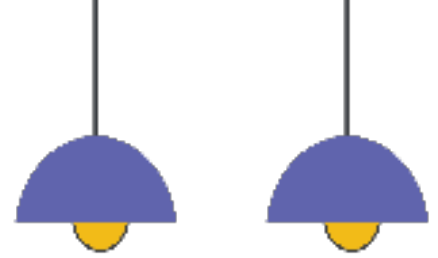
प्रतिरव

DEC 2025



PRATIRAV EDITIONS





Team Pratirav

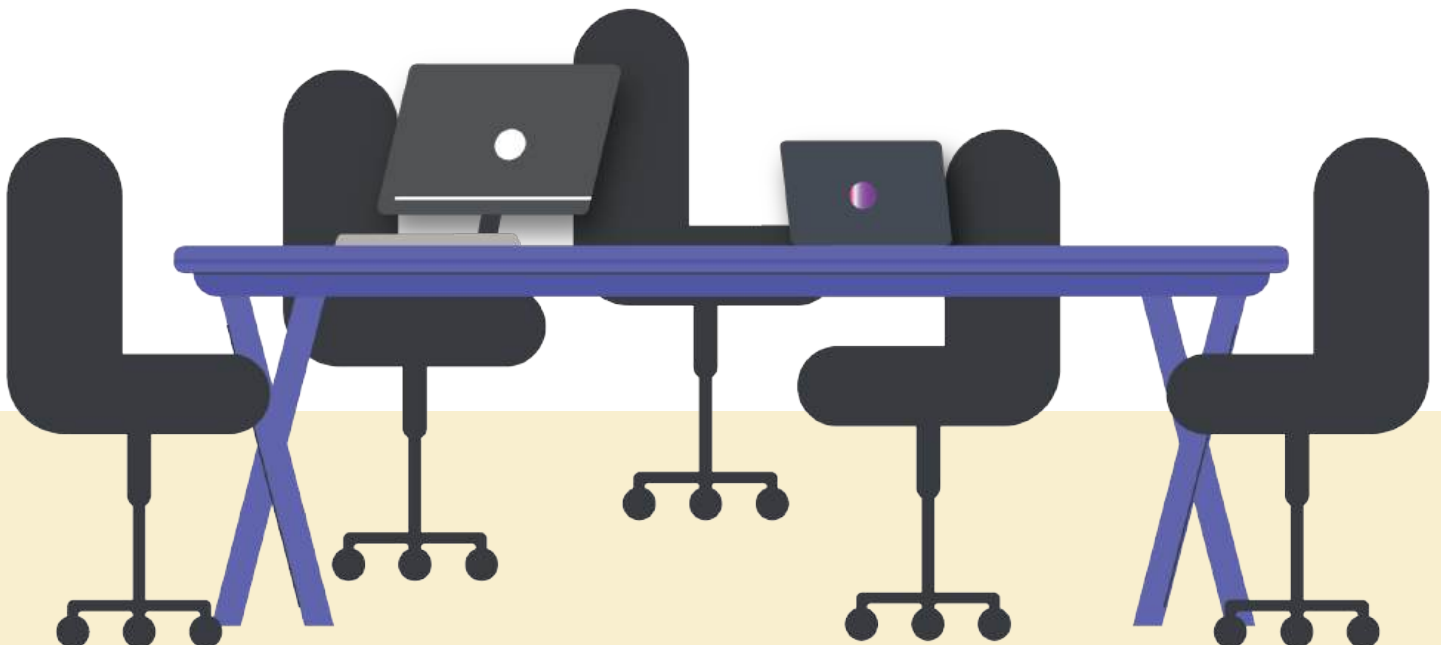
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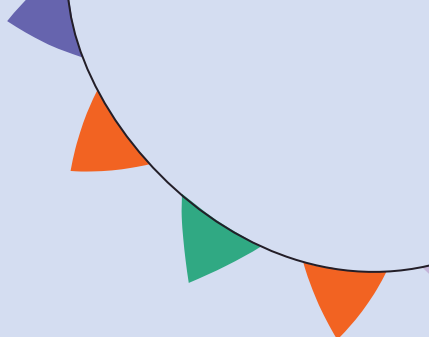
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PRATIRAV EDITIONS



By the team



As Pratirav completes a full year, we find ourselves reflecting on how far this small idea has come. When we published our very first edition, we weren't sure how it would grow, how people would receive it, or what form it would eventually take. All we knew was that Deepastambha's work deserved to be documented—its people deserved to be celebrated, and its impact deserved to be heard. That intention became our guiding force, even before we had a clear roadmap.

Looking back now, it feels almost unreal to see twelve months' worth of stories, events, and reflections sitting together under the name Pratirav. What started on a blank page has slowly taken shape into a rhythm we eagerly look forward to every two months. Each edition taught us something new—about writing, about teamwork, about our organisation, and sometimes even about ourselves. In many ways, this newsletter became a mirror that helped us see the spirit of Deepastambha with more clarity and depth.

Over the past year, Pratirav has been home to so many moments. We have shared stories of individuals whose efforts made a difference, captured glimpses of events that brought communities together, and documented initiatives that spoke of passion, persistence, and purpose. Some stories made us smile; others made us pause; all of them reminded us why this work matters. Through this process, we learnt how powerful it can be to simply put things into words—to give voice to experiences that often go unnoticed in the rush of everyday activity. But if there is one thing this year has made clear, it is that Pratirav has never been a solo effort. It is the result of countless small contributions, thoughtful reviews, generous inputs, and constant encouragement from people across Deepastambha. Volunteers, coordinators, partners, and readers—so many of you stood by us, supported us, and made every edition easier to bring to life. Some offered guidance, some shared their experiences openly, and some simply cheered us on from the sidelines. Every bit of support added strength to this growing newsletter.

We often say Pratirav was built from nothing, but that's only partly true. People built it. From conversations, shared moments, ideas exchanged in meetings, late-evening edits, and the collective desire to create something meaningful. That is what carried us through the last twelve months, and that is what gives us the confidence to move into the next year of Pratirav with excitement and purpose.

As we celebrate this milestone, we want to say a heartfelt thank you to everyone who reads, contributes, or simply makes space for Pratirav in their busy day. Your belief is the reason we keep showing up, edition after edition.

Here's to a year of stories, and to many more ahead.

With warmth and gratitude,
Team Pratirav.



कलारंग

'कलारंग' नावाप्रमाणेच कलेचे अनेक रंग दाखवणारा हा दर्जेदार कार्यक्रम दि. २/११/२५, रविवार रोजी सकाळी निवारा वृद्धाश्रम, पुणे येथे संपन्न झाला. दीपस्तंभ चॅरीटेबल ट्रस्ट या सामाजिक बांधिलकी जपणाऱ्या संस्थेतर्फे हा कार्यक्रम निवारा येथील आजी आजोबांसाठी खास दिवाळीची भेट म्हणून आयोजित केला होता. या कार्यक्रमात नृत्य, संगीत आणि नाट्य या कलेच्या विविध रंगांचा आविष्कार पहायला आणि ऐकायला मिळाला.

कुठलीही कला असो, ती माणसाला एका वेगळ्याच विश्वात घेऊन जाते, मग ते नृत्य असो, नाट्य असो की संगीत. कलारंग मध्ये या संगीताच्या सुद्धा वेगवेगळ्या छटा आपल्याला ऐकायला मिळाल्या मग ते 'अच्छा जी में हारी चलो' सारखे नायक आणि नायिके मधलं लुटुपुटु चं भांडण सांगणारं, ओठांवर हसु आणणारं चित्रपटगीत असो की 'कसे सरतील सये माझ्याविना दिस तुझे' हे विरहाचं दुःख व्यक्त करणारं, मनाला भावणारं गीत असो.

“mouth organ” ह्या वाद्याची तर मज्जाच निराळी. “mouth organ” वर वेगवेगळ्या गाण्यांच्या चाली ऐकताना आजी आजोबा अगदी आनंदी झाले. नंतर ती गाणी ओळखण्यासाठी त्यांनी अतिशय उत्साहाने सहभाग घेतला. आपल्याकडे चित्रपटसंगीत-सोबतच मालिकांचे शीर्षक गीतही तितकेच लोकप्रिय होतात. अशाच काही गाजलेल्या मराठी मालिकांच्या शीर्षक गीतांच फ्यूजन सुद्धा अतिशय सुरेल आवाजात सादर झालं

चित्रपटसृष्टीची सुरुवात भारतात कशी झाली याच वर्णन करणाऱ्या गाण्यापासून ते नविन काळातल्या गाण्यांपर्यंतचा प्रवास उलगडणारं फ्यूजन हे समुहगीत या चित्रपटसृष्टीचा प्रवासच जणू डोळ्यांसमोर आणून गेलं. 'सांज ये गोकुळी' हे सायंकालीन स्वरांची छाया असलेलं,

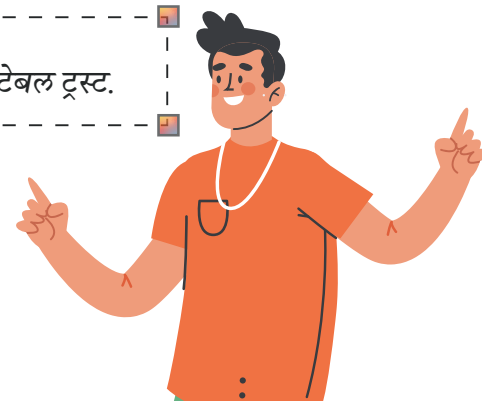
सायंकाळच्या नयनरम्य चित्राचं वर्णन करणारं गीत मन प्रसन्न करून गेलं. शेवटी पांडुरंगाच्या भक्तीत ओतप्रोत झालेल्या भक्तांच्या आणि त्यालाच आपली माऊली समजणाऱ्या वारकऱ्यांच्या मनातील प्रेम आणि भक्तीचं वर्णन करणाऱ्या 'माऊली माऊली रूप तुझे' या भक्तीगीताने विठ्ठलाच्या गजरात आणि जयघोषात 'कलारंग' या कार्यक्रमाची सांगता झाली.

खरं म्हणजे कुठलाही कार्यक्रम जर यशस्वीरीत्या पार पाडायचा असेल तर त्यामागे मेहनत ही असतेच. तसचं 'कलारंग' हा कार्यक्रम अगदी यशस्वीरीत्या पार पाडण्यासाठी 'दीपस्तंभ' च्या team ने अगदी महिनाभर आधीपासून अथक परीश्रम घेतले. मग ते मंचावरील सादरीकरण असो की पडद्यामागची संपूर्ण जबाबदारी, सगळे सभासद हिरीरीने काम करत होते. माझा हा 'दीपस्तंभ' सोबतचा पहिलाच पण खूप सुंदर अनुभव होता.

जेव्हा मी पहिल्यांदा practice session मधे गेले, तेव्हा मनांत थोडी धाकधूक होती की सगळी नविन लोकं, कसा असेल हा अनुभव ? पण पहिल्याच practice session मधे सगळ्यांनी इतका छान प्रतिसाद दिला की मला मी येथे नविन आहे असे वाटलेच नाही.

या छान अनुभवानंतर आणि दीपस्तंभ च्या कार्याबद्दल माहिती मिळाल्यानंतर मलाही या संस्थेशी संलग्न व्हायला आवडेल. मला 'कलारंग' मध्ये सहभागी करून घेतल्याबद्दल खूप खूप धन्यवाद.

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-पल्लवी,
सभासद, दीपस्तंभ चॅरीटेबल ट्रस्ट.
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Kalarang was a truly unique experience for me. I have performed in many programs before, but this time it felt completely different. It wasn't about perfect formations, flawless coordination, or how the performance would look on stage. It was about bringing joy to the ajji-ajobas and making sure they genuinely enjoyed every moment of the program.

This experience was special because I had to choreograph and perform with people I had never met before—people who soon became wonderful friends. In the beginning, it was challenging to coordinate with everyone, but it gradually became easier because each one of us was deeply committed to making the program a success.

Although I was the youngest in the group, leading the team never felt difficult. No one ever took advantage of my age; in fact, the age gap disappeared as we all connected effortlessly. Even though the performances were different, it felt like one whole team.

The entire program was truly beautiful. It was hard to believe that many of the performers were not professional artists because they sang, danced, and acted with such passion, sincerity, and enthusiasm. Watching the ajji-ajobas smile, laugh, and light up with excitement—especially when they recognized a song—filled me with immense satisfaction.

Kalarang became a memorable and heartwarming experience for me. At the end of it all, I felt incredibly proud to have contributed to something so meaningful.

—Kaushiki,
Member, Deepastambha Charitable Trust.



'Kalarang' was a joyful Diwali gathering that lit up smiles and hearts, especially of our aaji-ajoba at Niwara old age home. The presence of other organizations, including an orphanage, enriched the day. The stage came alive with a variety of performances, including group dances, solo, duet, and group songs, instrumental music, and a skit. Every performer captivated the audience, prompting cheers and waves of heartfelt appreciation.

The skit group presented a funny and fanciful tale centred on a lazy King and his intelligent Jack. Jack took the King on a time travel from 1850 to the present day. Stunned by technological advancements and disappointed by some modern behaviors, the King ultimately decided he only wished to return to his rich, blissfully lazy life back in 1850.

| -Amruta,
Member, Deepastambha Charitable Trust.



अलीकडे मला दीपस्तंभ संस्थेमार्फत आयोजित केलेल्या सांस्कृतिक कार्यक्रमांला उपस्थित राहण्याची संधी मिळाली. या कार्यक्रमात टीम कलारंग यांनी अनाथाश्रमातील मुलांसाठी आणि वृद्धाश्रमातील आजी - आजोबांसाठी नृत्य, गायन आणि नाटक सादर केलं. कार्यक्रमात प्रवेश करताच एक प्रसन्नमय वातावरण जाणवत होतं. या कार्यक्रमांमध्ये वेगवेगळ्या वयोगटातील लोकांचा सहभाग बघून खूप छान वाटले.

नृत्य सादरीकरण अतिशय रंगतदार आणि उत्साही होतं. प्रत्येक कलाकाराने आत्मविश्वासाने आणि सुंदर भावनेने नृत्य सादर केलं. ज्यामुळे संपूर्ण वातावरण आनंदमय झालं. कलाकारांनी निवडलेल्या अर्थपूर्ण आणि मधुर गाण्यांनी सर्वांच्या चेहऱ्यावर हसू आणलं. कार्यक्रमातील नाटक विशेष लक्षवेधी ठरलं. साधं, विनोदी आणि एक सकारात्मक संदेश देणार हे नाटक मला खूप आवडलं.

हा फक्त मनोरंजनाचा कार्यक्रम नव्हता, तर कलेद्वारे आनंद, साथ आणि आपलेपणा देण्याचा सुंदर प्रयत्न होता. सर्वांचा सहभाग आणि आनंदाने टाळ्या वाजवणे हे पाहून खूप छान वाटलं आणि अशा उपक्रमांची किती गरज आहे हे पुन्हा जाणवलं.

या कार्यक्रमाचा माझ्यावर एक खास प्रभाव पडला आणि '2 तास समाजासाठी' अशा उपक्रमांमधून आपण समाजावर किती मोठा प्रभाव पाडू शकतो हे दिसून आलं.

टीम कलारंग आणि दीपस्तंभ संस्थेच्या कष्टांचे या सुंदर, मनाला स्पर्श करणाऱ्या कार्यक्रमासाठी मी मनापासून कौतुक करते.

| - ऐश्वर्या,
सभासद, दीपस्तंभ चॅरीटेबल ट्रस्ट.



Every Second Counts

On Sunday, 9th November 2025, Deepastambha, in association with Sangati Sanstha, organized an engaging and impactful First Aid & CPR Training Workshop at Bharat Ratna Dr. A.P.J. Abdul Kalam E-Learning School, Karvenagar. The session brought together 45 enthusiastic members eager to gain essential life-saving knowledge.

The workshop delivered a well-structured blend of theory and hands-on practice, enabling participants to confidently learn core CPR techniques, proper AED operation, and crucial emergency response procedures. Key life-support concepts—such as the correct compression-to-breath ratio, safe usage of a pocket mask, and effective methods to assist a choking child—were explained with clarity and demonstrations.

Participants also gained a deeper understanding of the difference between a heart attack and cardiac arrest, as well as important insights into commonly used emergency medications. The emphasis on the availability and importance of the Free 108 Ambulance Service highlighted the practical relevance of the training.

The session concluded on an inspiring note, with a highly informative Q&A led by Dr. Akkalkotkar, whose real-world experiences and guidance empowered attendees to respond swiftly and responsibly in crises.

This event not only enhanced the participants' emergency readiness but also reinforced Deepastambha's commitment to community well-being and knowledge empowerment.

-Niranjan,
Member, Deepastambha
Charitable Trust.



A simple,

delightful afternoon



Deepastambha Charitable Trust, together with Yojak Organisation and Forbes Marshall, celebrated Children's Day on 15th November 2025 at the Yojak Study Center in Nigdi. What unfolded was a warm, lively afternoon filled with smiles and small moments that truly mattered.

The kids were instantly hooked by a cheerful puppet show, followed by a magic show that had them laughing, gasping, and trying to guess what would happen next. Seeing their faces light up with curiosity and surprise was easily the highlight of the day.

To keep the fun going, the Deepastambha and Forbes Marshall teams played a round of "Imitate Me" while the children sat watching, cheering, and giggling at the funniest moments. It brought everyone together in the most natural, heartwarming way.

We wrapped up the celebration by sharing snacks with the kids — simple conversations, happy chatter, and a sense of togetherness that felt

really special. Before heading home, each child received a stationery kit, which they accepted with excitement and pride.

The celebration may have been small, but it was full of warmth. It reminded all of us that creating joyful memories doesn't need much — just a bit of effort, a lot of heart, and a community that cares.

Mahek,
Member, Deepastambha Charitable Trust.





Heroes Among Us

In response to the critical blood shortage faced by hospitals in Pune, Deepastambha Charitable Trust successfully organized a blood donation drive on Sunday, November 23rd, 2025. This vital initiative, conducted in collaboration with the Janakalyan Blood Bank, aimed to replenish the dwindling supply and make a direct, life-saving impact on the local community.

The camp was hosted at Shantiban Society in Kothrud, drawing an encouraging crowd of benevolent residents. The event's smooth execution and positive atmosphere were largely a testament to the composed and dedicated spirit of the DCT members, whose meticulous planning and hands-on coordination were instrumental in making the event possible. Their relentless effort ensured that every potential donor was attended to promptly, fostering an efficient and welcoming environment.

The overwhelming community support resulted in a total of 59 units of blood were successfully collected. Medical staff present at the scene lauded the initiative, emphasizing that each unit would be swiftly processed and distributed to patients undergoing surgeries, emergency treatments, and ongoing transfusions at local hospitals. This rapid turnaround is crucial in critical situations where timing is everything.

The success of this drive has inspired plans for future blood donation camps. Deepastambha Charitable Trust members urge all eligible residents to monitor local announcements for upcoming opportunities to contribute to this noble cause. The unwavering commitment shown by the DCT members highlights the power of community-driven initiatives in addressing urgent public health needs and saving lives in Pune.

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| *-Shravani,* |
| *Member, Deepastambha Charitable Trust.* |
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TEAM PRATIRAV

Upayn....
...donation in the form of gifts


Conserve to Serve


Niramaya




Skool संसद
Winter Session
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ec पावित्र्य

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 Deepastambha Charitable Trust

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